

AUGMENTIN

Purpose: This is an antibiotic for infections

Directions: Follow the directions on the prescriptions

This is a powerful penicillin-based antibiotic that can be used for any infections, anywhere in the body. But it is particularly good for skin infections such as boils, abscesses, infections under nails, on an infected cut, etc. However, it is also good for sinus infections, ear infections, and lung and bladder infections. It may cause you to have mild diarrhea that usually goes away in a couple of days. *Do not take if you are allergic to penicillin.*

AZITHROMYCIN TABLETS (Z-PACK)

Purpose: This is an antibiotic for nose, ear, throat and lung infections. It is also good for diarrhea particularly if you also have a fever.

Directions: Follow the directions on the prescriptions

This antibiotic is particularly good for the treatment of upper respiratory infections. If you get a sinus infection, bronchitis or an ear infection, this is the treatment. You take this for 5 days, but it stays in your system for 10 days. You can also take this for almost any infection, including skin infections, but it is much better for infections in your airway or head. If you have diarrhea that is unresponsive to Cipro or if you have a fever this is a very good medicine. *Do not take if you are allergic to Azithromycin.*

PRILOSEC

Purpose: For stomach acid or upset stomach

Directions: Follow the directions on the prescription

This pill is to reduce stomach acid. This is usually felt as a discomfort in your stomach, particularly when you are lying down. Excess acid can cause pain in your stomach, usually worse at nights. Increased acid is usually caused by stress. You can take this pill just for 1 day or for many days. You can try Maalox or Mylanta also. They work quicker than Prilosec.

CIPRO

Purpose: For the treatment of diarrhea

Directions: Follow the directions on the prescription. Once the diarrhea stops, you can stop the medicine. This is an antibiotic that kills E. Coli, the most common cause of diarrhea in foreign countries. If you develop diarrhea (with or without cramping) you might have an E. Coli infection. Use this first to see if it stops the diarrhea. If you get diarrhea while in a third world country it is likely caused by drinking untreated water. Don't hesitate to use this. If you get a fever you might need to take azithromycin.